

# DAILY PLANNER



## TODAY'S GRATITUDE

- 1.
- 2.
- 3.

Tip: The small things like, enjoying the sunny day, or your hair looking really good, or even getting 6 hours of good sleep.

## THIS BRINGS ME HAPPINESS

- 1.
- 2.
- 3.
- 4.
- 5.

Tip: A mug of tea, my children laughing, having a great workout, seeing my friends, going to bed listening to the rain.

## TODAY I WANT TO ACHIEVE



## THIS CAN WAIT TILL TOMORROW



You have a clean slate every day you wake up. You have a chance every single morning to make that change and be the person you want to be. You just have to decide to do it. Decide today's the day. Say it: this is going to be my day.

**Brendon Burchard**